

Safety at the Dreiländergiro

Rules & Guidelines

Dear participant, here you will find important information and tips for preparing for the Dreiländergiro – for a safe and unforgettable experience in our unique mountain world.



1. Wearing a helmet is mandatory for all participants.
2. Your bicycle must be roadworthy, comply with the regulations of the respective country (AUT, ITA, CH) and also have two independent brakes and a bright rear light.
3. Traffic regulations must be observed without exception. Violations will result in exclusion from the event and appropriate administrative action.
4. It is your duty to provide first aid in the event of an accident. Failure to provide assistance is a criminal offense under the Criminal Code. Observe the correct Procedure: Secure the accident site – ensure your own safety – contact the injured – alert the rescue chain – provide first aid.
5. Drive with foresight when descending.
6. Always repair defects outside of the roadway.
7. In case of bad weather, every participant must equip themselves accordingly – we are in high alpine terrain – this includes a windbreaker, rain gear, (neoprene) gloves, overshoes, leg warmers or knee warmers.
8. Taking shortcuts is prohibited.
9. Unannounced route changes are not permitted.
10. The instructions of the event team, the security personnel and the accompanying vehicles must be followed without exception.
11. Private support vehicles hinder the smooth running of the cycling marathon and are therefore strictly prohibited.
12. Waste may only be disposed of in designated litter zones.
13. Overtaking is only permitted on the left side.
14. If headphones are worn (e.g. in-ear headphones), ambient noise must still be audible.
15. There is a strict ban on alcohol when participating in the Dreiländergiro.
16. E-bikes and all motorized vehicles or bicycles are strictly prohibited – except for handbikers after prior arrangement.
17. The use of triathlon overlays is not permitted.
18. The aero position "Super Tuck" is strictly prohibited and can lead to disqualification.

